

Fit Into Your Jeans

**Monday & Wednesday
12:00 - 1:00 p.m.**

**Friday 11:00 a.m. - 12:00 p.m.,
Feb. 1 – March 12**

6 week program with as many as 18 sessions!

Its time to drop another jeans size by participating in a program that changes your lower body. Join Jen, Anne and Tammy for 18 group training sessions over 6 weeks. Your workouts combine cardio intervals, lower body strength training and solid core work.

The Biggest "loser" will win a \$100 credit toward a new pair of designer jeans from The Next Door in Sendiks Towne Center.

6 week program, \$299 Member, \$349 Non-Member



eliteclubs.com

2010 Elite Registration Form

Child's name _____

Parent's Name _____

Address _____

City _____ State ____ Zip _____

Day phone _____

email _____ @ _____

Class / Dates _____ Total Fee _____

Elite Member? Home Club ____ Non-member Total Payment _____

(Non-members must pre-pay) Payment Type (circle 1)

Elite Club Charge Check Charge Card VISA MASTERCARD

Card Number # _____ Exp. _____

Activity Code _____

Brookfield Elite East 13825 W. Burleigh Rd.,
(262)754-3467, FAX (262) 786-9619

Waiver: I hereby acknowledge and agree to the limitations, rules and regulations of the Elite Clubs. I hereby for myself and my heirs, executors, and administrators, waive and release any and all claims for damages I may have against the staff of Elite, their respective agents and sponsors, for any and all injuries suffered during my child's participation in this program. Furthermore I will be responsible for any and all damages caused by my child. (Waiver will need to be signed by Parent/Guardian at the club.)
Signature _____