

# QuickStart

ages 3 - 10

## What is QUICKSTART?

**Membership  
Not Required**

QuickStart is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to their age, size and ability. By kid-sizing the equipment (balls, racquets and net height) and modifying play components, kids can quickly develop tennis skills such as rallying. They gain better technical and tactical skills using QuickStart methods which helps them to achieve early success for a greater life-long enjoyment of the game.

QuickStart is the fast, fun way to get kids into tennis—and keep them playing.

### SESSION DATES

**Session I Aug. 30 – Nov. 28**

**Session II Nov. 29 – March 6**

Winter Break Dec. 24 – Jan. 2

**Session III March 7 – June 12**

Spring Break April 22 – May 1

### QUICKSTART SESSION RATES

	once a week	twice a week
1/2 hour session price	\$95	\$150
Hour session price	\$195	\$295

(Members billed October, December, April)

**ME Mequon** (262) 241-4250

**NS North Shore** (414) 351-2900

**WB West Brookfield** (262) 786-3330

**B Brookfield** (262) 754-3467



# QuickStart Lessons



## QuickStart Tiny Tot (3 & 4 years old)

Your child's first tennis experience establishes a foundation for hand-eye coordination, basic movement, and athletic tennis skills. It's a fun-filled introduction to the great lifetime sport of tennis.

<b>ME</b>	Monday	3:30 - 4:00 p.m.	<b>WB</b>	Friday	3:30 - 4:00 p.m.
	Tuesday	11:00 - 11:30 a.m.		Saturday	1:00 - 1:30 p.m.
	Wednesday	4:00 - 4:30 p.m.		Sunday	11:00 - 11:30 a.m.
	Friday	3:30 - 4:00 p.m.			
	Saturday	9:00 - 9:30 a.m.			
<b>NS</b>	Monday	4:30 - 5:00 p.m.	<b>B</b>	Monday	3:30 - 4:00 p.m.
	Tuesday	9:00 - 9:30 a.m.		Monday	4:00 - 4:30 p.m.
	Thursday	4:30 - 5:00 p.m.		Wednesday	11:15 - 11:45 a.m.
	Saturday	9:30 - 10:00 a.m.		Wednesday	3:30 - 4:00 p.m.
	Saturday	11:00 - 11:30 a.m.		Friday	3:30 - 4:00 p.m.

## QuickStart I (5-6 & 7-8 years old)

A focus on introductory rallying skills and beginning stages cooperative tennis. Students will learn how to initiate a rally, how to move & judge a ball and racquet control.

<b>ME</b>	Monday	4:00 - 5:00 p.m.	<b>WB</b>	Tuesday	4:00 - 5:00 p.m.
	Wednesday	12:00 - 1:00 p.m.		Friday	4:00 - 5:00 p.m.
	Wednesday	4:30 - 5:30 p.m.		Saturday	1:30 - 2:30 p.m.
	Wednesday	6:00 - 7:00 p.m.		Sunday	11:30 - 12:30 p.m.
	Saturday	9:00 - 10:00 a.m.			
<b>NS</b>	Monday	5:00 - 6:00 p.m.	<b>B</b>	Monday	4:00 - 5:00 p.m.
	Tuesday	9:30 - 10:30 a.m.		Monday	5:00 - 6:00 p.m.
	Wednesday	4:00 - 5:00 p.m.		Wednesday	4:00 - 5:00 p.m.
	Thursday	5:00 - 6:00 p.m.		Thursday	5:00 - 6:00 p.m.
	Saturday	10:00 - 11:00 a.m.		Friday	4:00 - 5:00 p.m.
				Friday	5:00 - 6:00 p.m.
		Saturday	2:00 - 3:00 p.m.		

## QuickStart II (9 & 10 years old)

Students learn basic tennis tactics & athletic skills while developing social skills & group attitudes. Students will be introduced to topspin & slice in point play and serves & return of serve.

<b>ME</b>	Monday	5:00 - 6:00 p.m.	<b>WB</b>	Monday	5:00 - 6:00 p.m.
	Tuesday	4:00 - 5:00 p.m.		Tuesday	4:00 - 5:00 p.m.
	Wednesday	5:30 - 6:30 p.m.		Friday	4:00 - 5:00 p.m.
	Thursday	5:00 - 6:00 p.m.		Friday	5:00 - 6:00 p.m.
	Thursday	6:00 - 7:00 p.m.		Saturday	2:30 - 3:30 p.m.
	Saturday	9:00 - 10:00 a.m.		Sunday	2:30 - 3:30 p.m.
<b>NS</b>	Monday	5:00 - 6:00 p.m.	<b>B</b>	Monday	4:00 - 5:00 p.m.
	Wednesday	5:00 - 6:00 p.m.		Monday	5:00 - 6:00 p.m.
	Thursday	5:00 - 6:00 p.m.		Tuesday	4:00 - 5:00 p.m.
	Saturday	10:00 - 11:00 a.m.		Tuesday	5:00 - 6:00 p.m.
				Wednesday	4:00 - 5:00 p.m.
				Wednesday	5:00 - 6:00 p.m.
				Thursday	4:00 - 5:00 p.m.
				Friday	4:00 - 5:00 p.m.
				Friday	5:00 - 6:00 p.m.
		Saturday	3:00 - 4:00 p.m.		